

Community Contact List

	Name of Organization	Contact Number
Hospital		
	North Bay General Hospital	474-8600
	Mattawa General Hospital	744-5511
	West Nipissing General Hospital	753-3110
Emergencies		
	North Bay Police Services	472-1234
	OPP Mattawa Detachment	744-5503
	OPP North Bay Detachment	495-3878
	Anishinabek Police Services	472-0240
	West Nipissing Police Services	753-1234
	Fire Prevention	474-0400
	Military Police	494-2188
	General Emergencies	911
	Salvation Army Social Services	474-7859
	Children's Aid Society	472-0910
	Crisis Intervention Program	495-8198
	Kids Help Phone	1-800-668-6868
	Poison Information Centre	1-800-268-9017
Victim Services		
	Victim Support Line (24-hour)	1-888-579-2888
	Sexual Assault	476-3355
	VCARS Near North	472-2649
	Support Link	472-8391
	Victim Witness Assistance Program	495-8339
	Amelia Rising Sexual Assault Centre	840-2403
	Sexual Assault/Domestic Violence Treatment Centre	474-8600
Shelter		
	Crisis Centre North Bay	474-1031
	Mattawa Women's Resource Centre	744-5567
	Sturgeon Falls Family Resource Centre	753-1154
	Nipissing Transition House	476-2429
	Ojibway Family Resource Centre	472-3321
	Transitional Housing Program	474-8853
	Low Income People Involvement (LIPI)	472-1337
	Futures Residence for Youth	476-4502

Salvation Army Family Services, Emergency Accommodations 474-7859

Low Income Housing

Native People of Nipissing Housing 497-1773
Nipissing District Housing 472-2441
Gneiss Housing Co-op 497-8770
North Bay Municipal Non Profit Housing 472-2441
Gateway Housing Co-Operative 474-2158
Harmony Haven Housing 476-0052
Métis Nations Of Ontario Housing Branch 495-6464
Housing Services Depot 472-1337
Nipissing Mental Health Housing and Support Services 476-4088
City Centre Apartments 472-8749
Emilio Lot Homes 474-5886

Addiction Services

Alanon 492-8101
Alcoholics Anonymous 474-7940
Alliance Centre West Nipissing 753-2271
Addiction Services-Community Counselling Centre 472-6515
Nipissing Detox and Substance Abuse Program 476-6240
Centre for Addiction & Mental Health Information Line 1-888-463-6273
Halfway House 472-2873
Le Pavillon (French Recovery Home) 494-8552
Ontario Problem Gambling Helpline 1-888-230-3505
Smokers' Help Line 1-877-513-5333
The Right Path Counselling & Prevention Services 753-1375
Tobacco Control Unit 474-1400 ext 2372

Mental Health Services

ACT Team 494-1069
Canadian Mental Health Association 474-1299
Claude Ranger Mental Health Clinic 494-3050
People for Equal Partnership (PEP) 494-4774
Alliance Centre-West Nipissing 753-2271
Community Counselling Centre 472-6515
Crisis Intervention Program 1-800-352-1141
Hands-The FamilyHelpNetwork.ca 476-2293
Nipissing Postpartum Mood disorder Network 474-1400 ext 2351
Nipissing Mental Health Housing & Support Services 476-4088

Support Group

Autism Ontario- www.autismontario.com	
Bereavement Support Services	497-9239
Nipissing Down Syndrome Society	752-4810
Community Counselling Centre	472-6515
Indian Friendship Centre	472-2811

Family/Parenting

Changing Patterns Group	472-6515
Community Action Program for Children (CAPC)	
North Bay	472-0910
Mattawa Native Children's Program	744-3360
Sturgeon Falls	753-6420
Family Enrichment	472-2152
Healthy Babies, Healthy Children	474-1400
Near North Community Care Access Centre	476-5437
Ontario Early Years Centre	474-8910
Parents Help Phone	1-888-603-9100
Play Your Part Parenting	472-0910
Algonquin Child & Family Services	476-2293
Nipissing & Parry Sound Children's Aid Society	472-0910
Kid's Help Phone	1-800-668-6868
Family Responsibility Office	1-800-267-7263
Aboriginal healthy Babies, Healthy Children (HBHC)	753-9665
Big Brothers & Big Sisters North Bay & District	474-3041
Child Restraint Information	474-1400
Indian Friendship Centre	472-2811
Nipissing First Nation	753-3312
North Bay Metis Council HBHC	474-2593
North Bay Public Library	474-4830
Preschool Speech and Language Services	476-5437
Supervised Access Crisis Centre	472-0678
Birthright	474-2999
Lawrence commanda Health Centre-Garden Village	753-3312
Maternal/Child Program North Bay General Hospital	474-8600
Prenatal and Maternal/Newborn Clinics	ext 4087
Childbirth Preparation Class	ext 4083
Maternal/Child Social Worker	ext 4108
Mother Care Nipissing Prenatal Nutrition Program	472-0910 ext 295
Mother Risk www.motherrisk.org	
Sexual Health Clinic (pregnancy testing and counselling)	474-1400 ext 2289

Child Care

Child Care Subsidy Office	474-2151
Montessori Children's House	476-5156
Montessori Learning Centre	495-1173

Health Care

Aids Committee of North Bay & Area	497-3560
Breastfeeding Support	
La Leche Leage (www.llc.ca)	1-800-665-4324
Health Unit	474-1400
Ontario Early Years Centre	474-8910 ext 28
Peer Support Program	474-8910 ext 27
Immunization Program for All Ages	474-1400 ext 2252
Infant/Child CPR	495-3626
Health Card Information-Service Ontario	494-4130
Near North Hearing Centre	494-9900
North Bay Audiology Centre	472-1801
North East Community Care Access Centre	476-2222
Telehealth Ontario	1-866-797-000

Employment

Indian Friendship centre (employment and training)	472-2811
Birth Certificate Information	474-2270
Human rights Commission	1-800-387-9080
Ministry of Labour-Employment Standards	1-800-531-5551
Ontario Works	474-2151
Service Canada	472-3700
True Self Employment and Training	474-4058
YES! Employment Services	476-3234
CTS Employment Resource Centre	474-5767
Lever Personnel Resources Inc	498-6648
Ontario March of Dimes	498-6296
DEOC Employment Information Centre	494-4774
Employment Resource Centre	474-4830
Canadian Career College	495-1200
Call Edge- Avantage Appel	474-3476
Gateway Treasures	475-0957
Built Network	472-9799

Money

Child Tax Benefit	1-800-387-1193
Credit and Debt Counselling	472-6515

District of Nipissing Social Services Administration Board	474-2151
GST Credit (cheques)	1-800-959-1953
Income Tax Forms	1-800-959-2221
Income Tax Information (Individual)	1-800-959-8281
LEAP	474-2151
Ontario Disability Support Program (ODSP)	474-3540
Ontario Childcare Supplement for Working Families	1-800-263-7965
Special Services at Home & Assistance for Children with severe Disabilities	474-3540 ext 237

The Law

Custody Application-Family Court	495-8309 ext 209
Crime Stoppers	476-8477
Crown Attorney's Office	495-8313
Criminal and Family Court Programs-Indian Friendship Centre	472-2811
Legal Aid Ontario	472-4893
Nipissing Community Legal Clinic	476-6603
Victim Witness Assistance Program	495-8339

Education

Academic Skills Development/Literacy & Basic Skills	474-7600
Adult Learning Centre	475-2341 ext 8049
Anishinabek Education Institute	497-9127
Centre d'Alphabétisation ALEC du Nipissing (literacy)	472-6673
Conseil Scolaire Catholique Franco-Nord	472-1702
Conseil Scholaire Public du Nord-Est de l'Ontario	472-3443
Independent Learning centre	1-800-387-5512
Life Experience Alternative School	475-2327
Literacy Council	494-9416
Near North District school Board	472-8170
Nbising Secondary School-Nipissing First Nation	497-9938
Nipissing Alternative School	475-2339
Nipissing-Parry Sound catholic District School Board	472-1201
Alternative & Continuing Education Campus	472-7771
Nipissing University	474-3461
Canadore College	474-7600

Food Banks/Nutrition

Crisis Centre Emergency Food Hampers	474-1031
Eat Right Ontario www.ontario.ca/EatRight	1-877-510-5102

North Bay food Bank	495-3290
Pro-Cathedral Catholic Charities	472-3970
St.Andrew's United Church Food Bank	472-7680
St.Vincent de Paul Society Food Bank	497-9784
Salvation Army Food Bank	474-7859
The Gathering Place	474-7687
Trinity United Church Food Bank	474-3310

Special Needs

Canadian Hearing Society	474-8090
Canadian National Institute for the Blind (CNIB)	472-2710
Community Counselling Centre	472-6515
Community Living North Bay	472-3288
Hands-TheFamilyHelpNetwork.ca	476-2293
Indian Friendship Centre (FAS/FAE/FASD Support)	472-2811
Infant and Child Development Services	472-0910
One Kid Place-Children's Treatment Centre	476-5437
Resource Teacher Program	474-8910 ext 29
Special Services at Home	474-3540

Recreation and Leisure

Kid Sport	474-0626 ext 2328
Indian Friendship centre	472-2811
Parks, Recreation & Leisure Services City Hall	474-0400 ext 2335
Y.M.C.A.	497-9622