

Volunteer Opportunities in North Bay & Area



Organized by Category for Easy Reference!

Compiled by the North Bay & District Multicultural Centre



North Bay & District
Multicultural Centre
Immigrant Settlement Services

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VOLUNTEER OPPORTUNITIES IN NORTH BAY & AREA

Agriculture / Gardens

The Gathering Place Community Garden

The community garden is a green space which fosters a sense of connection between community residence while promoting a sustainable environment.

High school students who are working to complete 40 hours of community service are welcome.

Contact Cory Fournier by email or phone: (705) 474-7687

Animals

North Bay and District Humane Society

Would you like to volunteer your time to walk dogs, groom pets, and socialize lonely animals? Do you enjoy organizing and participating in fundraising events? If so, consider becoming a Humane Society volunteer.

Please note: All volunteers must be 16 years of age or older. Anyone who wishes to volunteer, and is between the ages of 16-18 must provide written consent and a guardian signature. Anyone younger than 16 must be accompanied by an adult.

Please call for more information : (705) 474-1251

<http://www.northbayhumanesociety.ca/get-involved/volunteer/volunteer-form/>

Children

Big Brothers, Big Sisters

To learn more about our programs or how to become a Mentor, please visit our website at

www.bigbrothersbigsistersnorthbay.org , or contact the office at **705-474-3041**.

Girl Guides of Canada

Your time, your life, your volunteer experience. Share your skills, your talents and yourself as a Girl Guide volunteer contact them today.

https://www.girlguides.ca/WEB/GGC/Volunteers/Interested_in_Volunteering/GGC/Volunteers/Interested_In_Volunteering/Interested_In_Volunteering.aspx

Kids Help Phone

Kids Help Phone is moving north and we're looking for strong leaders to join us.

For information about volunteer opportunities, please contact: Kendra.Maclsaac@kidshelpphone.ca

One Kid's Place

If you would like more information about volunteer opportunities, please contact: Ashley Brookes Volunteer Coordinator at **705-476-5437 ext. 3819** or by e-mail at AshleyB@onekidsplace.ca

<https://www.onekidsplace.ca/join-us/volunteer/>

YMCA

Volunteers are essential to the success of the North Bay Family YMCA and are key to fulfilling our mission of building strong kids, strong families and strong communities. By giving your time with the YMCA to benefit others, you have the opportunity to build new relationships, learn and grow while having fun.

If you are interested in volunteering at the YMCA please contact us **(705) 497-9622**

<http://www.ymcanorthbay.com/careers/volunteer/>

Health Services

North Bay Regional Health Centre

If you are interested in becoming part of our dynamic volunteer team, we would love to hear from you!

We have opportunities available at both our North Bay (district hospital and regional mental health) and Sudbury (regional mental health) sites. Please indicate your preferred location on your application.

Please call **705-474-8600 ext. 3131** or email volengdept@nbrhc.on.ca for any inquiries.

<http://www.nbrhc.on.ca/join-our-team/volunteers/>

Literacy

Literacy Nipissing

There are a variety of positions available from time to time that you may be able to help with. Please consider getting involved. Call **(705) 494-9416** or email litnip@bellnet.ca

<http://literacynipissing.ca/volunteers/>

Frontier College

For more information or to volunteer with Frontier College in North Bay, please call **705-471-3474** or email

northbay@frontiercollege.ca and http://www.frontiercollege.ca/english/literacy/north_bay.html

Media/Broadcasting

TV Cogeco

We are currently looking for a wide range of volunteers to join our team. We are looking for people who are interested in both on-air and behind the scenes operation in a fast paced and entertaining field. As a TV Cogeco volunteer you could expect opportunities as a camera person, audio, producer, instant replay operator and much more in both live and live to tape environments. We have a few new shows in the fall and there are plenty of opportunities. I look forward to hearing from you. Call **705-472-9868 x233** or email joey.roussy@cogeco.com for more information.

<http://www.tvcogeco.com/north-bay/volunteers>

Mental Health Services

Community Living North Bay

Volunteers are important to us. We deeply appreciate the time they give, their skills, and their commitment. Most importantly, they provide an important link with the community. All you need is a desire to get involved and a desire to make a difference. Call **705 476 3288** or email info@communitylivingnorthbay.org for more information.

<http://www.communitylivingnorthbay.org/page/volunteer.aspx#.U6w2ZcsU9Ms>

L'Arche North Bay

Helping people with and without intellectual disabilities. Call **705-474-0081**, or email: chrisb@larchenorthbay.ca

<http://larchenorthbay.ca/volunteer/>

Paddle Program North Bay

Show your support by volunteering with the PADDLE Program! Call **(705) 493-2401**, or email: info@paddlenorthbay.ca

<http://paddlenorthbay.ca/site/charitable-giving/>

Stepping Stones Services North Bay

Stepping Stones Services is a non profit organization based in North Bay, northern Ontario, Canada, which works to provide information, support and employment opportunities to mental health consumers.

<https://www.facebook.com/pages/Stepping-Stones-Services/180654685391477?sk=info>

Music

North Bay Symphony Orchestra

Check out the various links inside for our concert season and other symphony events including our many volunteer opportunities.

<http://www.northbaysymphony.org/>

Nutrition

The Gathering Place

Offering experience and expertise in many ways, volunteers are the heart and soul of *the gathering place*. Have a look at our [Volunteer Application form](#) to see where you might fit in.

<http://www.thegatheringplacenorthbay.org/volunteer.html>

Recreation

Capitol Centre

The Capitol Centre's goal is to bring people and the community together through the world of arts. As a volunteer, your job is to ensure the safety and security of our patrons and to act as tactful ambassadors of goodwill to the public attending performances. You are a vital component of this goal, as you are the public face of the organization and an essential part of the team. Please call **(705)474-4747** for any inquires.

<http://www.capitolcentre.org/Volunteer.aspx>

City of North Bay

Parks, Recreation and Leisure Services Department

North Bay, Ontario. P1B 8H8

Fax to: 705-474-9782

<http://www.cityofnorthbay.ca/cityhall/department/prl/volunteers>

Seniors

Chartwell – Barclay House

We are looking for volunteers to assist with activities on a weekly or monthly basis. If you are looking for volunteer hours or looking to help out, please contact Meaghan at **705-476-6585**.

Some of the activities include:

-Gardening, Bingo, Musical Events, Cards & Games, Events in the Community

<http://chartwell.com/retirement-homes/chartwell-barclay-house-retirement-residence>

Leisure World

Your volunteer contribution will touch the lives of the residents and will enhance their quality of life. We hope that your volunteering will be mutually beneficial and Leisureworld will commit to making this experience a rewarding one for you.

<http://www.leisureworld.ca/Careers/Volunteers.aspx>

Cassellholme

Volunteers significantly enhance the quality of life, community spirit, and leisure time opportunities at Cassellholme. Volunteers are a valuable human resource requiring support and encouragement to maintain and develop their skills, and to ensure their continued involvement in the provision of their valuable services throughout the home. Call the Volunteer Services department at **474-4250 Ext. 223** or e-mail gilchristm@cassellholme.on.ca or more information.

<http://www.cassellholme.on.ca/Pages/Volunteer-Services.aspx>

Support Services

Aids Committee of North Bay

Contact: Dennis Chippa at dchippa@vianet.ca or call **(705)497-3560** for more information

<http://aidsnorthbay.com/volunteer-opportunities-available/>

Alzheimer Society of Canada – North Bay

The Alzheimer Society of North Bay and District is always looking for volunteers to help. Contact Ashleigh Milne by phone **(705) 495-4342** or by email amilne@alheimernorthbay.com
http://www.alzheimer.ca/en/northbay/Get_Involved/Volunteer%20with%20Us

Canadian Cancer Society – North Bay

147 McIntyre Street West, Unit 101
North Bay, Ontario
P1B 2Y5

Phone: 705- 472-9072

Toll-free: 1 888 208-2125

Fax: 705-472-9084

Email: northbay@ontario.cancer.ca

<http://www.cancer.ca/en/get-involved/volunteering/application-form/?region=on>

Near North Palliative Care Network

If you are interested, or require additional information, please contact our North Bay office **(705) 497-9239**. We would be happy to talk with you.

<http://nnpcn.com/volunteercorner/>

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